

LOVE TO SHARE FOUNDATION AMERICA'S



Body, Mind & Soul initiative
presents

walk with a **DOC**
educate. exercise. empower.

WWAD Texas is funded by a grant from TMA Foundation with major support from TMAIT and Prudential.



WHAT

3K Walk/Run

WHEN

Sun, Mar 5th 2017
2pm

START AND END POINT (COURSE MAP)

Houston Namadwaar
3642 Bailey Ave, Manvel TX

REGISTRATION:

www.tinyurl.com/bms-wwd

FREE EVENT

**REGISTRATION
REQUIRED**

**ALL AGES
WELCOME**

**CHILDREN/YOUTH
BELOW 18 YEARS
SHOULD BE
ACCOMPANIED BY AN
ADULT**

**ALL PARTICIPANTS WILL BE
REQUIRED TO SIGN A
LIABILITY RELEASE FORM
WHICH WILL ALSO INCLUDE
A DECLARATION THAT THE
PARTICIPANT IS FIT TO
WALK / RUN**

SPONSOR

**Texas Medical
Association**
**First 50 finishers
will receive t-shirts
and pedometers**

CONTACT

Ravi
713-338-1991