

Perseverance
+
Patience
are the keys to
Intelligent living

the journey to the
goal is as important
as the destination

experience
is an opportunity to learn

The journey towards strengthening your Buddhi is not an easy one. So, it is okay for your mind to slip occasionally. As long as we are patient with ourselves, we can continue to learn and grow as a person.

to register more positives, you must create a positive mindset.

In the journey of strengthening your Buddhi, you are the benchmark. You have to be the one who measures the progress, and evaluates the success that has become the result of intelligent living. You can measure your progress by asking yourself, "Am I a better person today?", or "Have I made progress towards my purpose from yesterday?". And if the answer is "yes", you can consider yourself progressing forward.